# Glendale Technology High School Sport Information and <br> Permission notes for Years 7, 8, 9 and 10 Term 4, 2019 

Dear Parents/Guardians,
Students will need to make a $\$ 45$ payment in week 8 , 9 or 10 of Term 3 to cover the cost of buses for the term. IT IS ON A"FIRST COME, FIRST SERVED" BASIS - ONCE A SPORT IS FULL STUDENTS WILL HAVE TO SELECT ANOTHER SPORT. Students will require parental permission to attend sport. The permission form is mandatory under the state sport policy. In an attempt to streamline this process, I will outline all the sports that may be offered. Each student may then nominate sports from that list, following the return of the permission note.

SCHOOL SPORTS are those held at school, most of which are free. They may include:

| SCHOOL SPORTS | VENUE | COST | SPACES <br> AVAILABLE |  |
| :--- | :--- | :--- | :---: | :---: |
| Boys Mixed Sports | Bottom Oval | Variety of sports each week. Mixed age. Boys <br> ONLY | Nil | 70 |
| Fit N Fab | Lower Grounds/HS 2 | Variety of sports each week. Mixed ages. Girls <br> ONLY | Nil | 70 |
| Bushwalking | Outside of school | Students would use the walking trails outside of <br> school. | Nil | 30 |
| Mixed Sports | Basketball Courts | Mixed sex and age. Variety of games each week | Nil | 60 |

RECREATIONAL SPORTS are sports that the students travel to, outside of the school grounds, only by bus. They offer the greatest diversity and are consistently the most popular, but cost is an important issue, with many sports costing $\mathbf{\$ 2 . 0 0}$ -
$\$ 10.00$ (excluding bus fare).

| OUTSIDE SPORT | VENUE | DESCRIPTION | BUS | COST PER WEEK | SPACES AVAILABLE |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Swim Survival Skills | Merewether baths | Students will working towards achieving their Bronze Medallion. | \$45 | Nil | 30 |
| Mountain bike | Various locations | Students will need their own Mountain Bike and will start around the school area and progress up to tracks at Glenrock and Mt Sugarloaf | TBA | Nil | 15 |
| Gym - Genetics | Genetics, Warners Bay | Either weight training or circuit/aerobics. IF STUDENT HAS A FITNESS PASSPORT OR CARETRAC PASS, THIS CAN BE USED | \$45 | \$8.00 | 20 |
| Gymnastics - <br> Trampolining OR <br> Gym Apparatus | Hunter Gymnastics Centre, Glendale (students will walk to the venue from school) | Students will nominate specific trampolining skills or gymnastics techniques for the term. | Nil | \$8.00 | 15 |
| Ice Skating | Hunter Ice Skating | Supervised recreational skating for beginners and experienced students | \$45 | \$8.00 | 60 |
| Walking by the lake | Warners Bay and Surrounding suburbs | Walking around Speers point and Warners Bay | \$45 | Nil | 30 |
| Golf | Waratah Golf Course | Learning the skills of golf and playing some holes each week. | \$45 | \$5.00 | 20 |
| Revolution Trampoline Sports Park ${ }^{* * *}$ | Maryville *One off cost of \$2 for socks* | Variety of activities each week including; Slam Dunk Basketball and use of Trampolines | \$45 | \$10 <br> *One off cost of \$3 for socks* | 55 |
| Tennis | Cardiff Tennis Centre | A round robin format of games | \$45 | $\begin{aligned} & \$ 5.00 \text { (this } \\ & \text { mav chanae) } \end{aligned}$ | 30 |
| Laser Tag | Red Alert, Warners Bay | 2 games in a big group setting | \$45 | \$8.00 | 60 |
| Parrey <br> Skatepark*** | Parrey Skatepark, Cardiff | Indoor action park facility. Helmets and pads are MANDATORY | \$45 | \$8.00 | 20 |
| Activities By the Sea | Merewether Beach and surrounds | A variety of activities around Merewether and Newcastle Beaches | \$45 | Nil | 30 |

[^0]1. All the above sports will be offered Term 4. However, some sports may not run if student interest is not high enough.
2. Students choosing a sport outside of school will be required to pay a $\$ 45$ fee for the buses. (This will occur starting week 8 till week 10 of Term 3). Students MUST have their permission note with the $\$ 45$ payment to secure their place. This will cover the cost of bus travel for the entire term. Students will then need to pay for the venue entry on sports day.
3. Once the bus payment is made, students will not be able to claim a refund if they are away on sports day, change sports to a non-paying sport or are sent to sports detention or non-sport. Bus ordering and payment are organised based on the amount of money collected prior to each term.
4. Students with disciplinary problems, such as behaviour or truancy issues, may be placed in the Theory of Sport group.
5. Cost is an important consideration, and it should be noted that the school has no control over bus or venue costs. The above prices are correct at the time of publication. There may be alterations during the year.
6. Changes to sport choices will be made only on financial or medical grounds and only on MONDAYS, TUESDAYS or WEDNESDAYS.
7. Students are to priortise 4 choices on their selection sheet, as some sports may be full at the time of sport selection, and their next choice will be selected. Payment for the buses MUST be made at the time of selection.
8. Students who fail to choose a sport will be allocated a school sport by the sport organiser.
9. If up front payment is a problem please speak to me to see if we can make another arrangement.

Miss L. Whitehead
Sport Organiser
49549166

## GTHS PERMISSION NOTE FOR

## Term 4 SPORT 2019

$\qquad$ YEAR $\qquad$ (2019)

I give permission for my son/daughter to attend the sport indicated taking into account the venue, costs and possible risks involved in those sports.

Medical information or other special requirements needed (e.g. allergies, medication). Please provide full details

Fill in these boxes - in priority order. This is for TERM 4 SPORT ONLY

| Choice 1 | Choice 2 | Choice 3 | Choice 4 |
| :--- | :--- | :--- | :--- |
|  |  |  |  |

## Receipt number if paid online:

Signed $\qquad$ Date $\qquad$

In relation to water activities: -
I wish to advise that my son/daughter is a (please circle appropriate ability)

| Strong | Average | Poor | Non swimmer |
| :--- | :--- | :--- | :--- |

I advise that my child requires the following flotation devise to assist him/her in water activities.

Signed $\qquad$ Date $\qquad$
(Parent/Guardian)


[^0]:    * Students wishing to participate in Bushwalking at school will need to complete the permission note to leave school grounds**** Parents need to complete a waiver form ALSO if their child has chosen Parrey Skatepark, once bus fee is paid. See Sport teacher or office staff***

