



✈ Online Form - Girls Rock & Water 15.5.25

Activity Name:	Girls Rock & Water 15.5.25
Date/Time:	<ul style="list-style-type: none"> Thursday 15 May 2025 11:00am - 12:00pm (Students will attend their regular classes before and after the activity) Thursday 22 May 2025 11:00am - 12:00pm Thursday 29 May 2025 11:00am - 12:00pm Thursday 5 June 2025 11:00am - 12:00pm Thursday 12 June 2025 11:00am - 12:00pm Thursday 19 June 2025 11:00am - 12:00pm
Description:	<p>Rock and Water is a course that is delivered over a number of lessons to students in primary or high school. A series of exercises and games are practised to develop confidence and self-reflection. The games are diverse and many have a martial arts origin. The program has a strong appeal to students who enjoy the active nature of the many games and drills. Students learn to stand strong, negotiate using “rock” or “water” verbal approaches, walk away from trouble, consider alternatives to aggression, and develop understandings about who they are, their intuitive feelings and their personal direction.</p> <p>Attending staff: M.Keevill</p>
Venue:	Glendale Technology High School
Start Location:	GTHS Wellbeing Hub
End Location:	GTHS Wellbeing Hub
Dress Code:	Full school uniform.
Additional Information:	<p>Mobile phones - As this is a school event, normal mobile phone rules apply. They must be turned off and locked in Yondr pouches. Your supervising teacher will direct when mobile phones can be utilised for educational purposes.</p> <p>Students will be engaging in hands-on martial arts activities. If you have any further questions, please contact SSO Maddie Keevill.</p>

Due Date:	Monday 12 May 2025
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* indicates a required field

I have read the above details and give consent for my child, to attend the Girls Rock & Water 15.5.25 *

☐ Yes ☐ No

Student Name:

Parent/Carer Name: *

Parent/Carer Phone Number: *

Medical conditions/information relevant to the activity (including any medication required):

My child can be photographed at this event on the understanding the images may be used through our school communication.: *

☐ Yes
☐ No

Accident insurance information

In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

Concussion management

When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher.

Any student that experiences a suspected concussion during a school endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required.

If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

Parent/Carer Signature: *