

Glendale Technology High School Sport Information – Years 7-10 Term 3, 2024

Dear Parents/Carers/Guardians,

The new rotation of sport for Term 3 will commence on Thursday 25th July (Week 1), for 9 weeks, as in Week 10 on the 26th September, all students and staff will remain on site to celebrate and enjoy The Harman Cup.

Prior to **3.15pm, Monday 24th June**, families and students will receive an email providing a link to make sport selections. Through this link <u>which will open at 3.15pm</u>, you will need to:

- 1. Select the preferred sport and payment method.
- 2. Make the payment (if required) via the school website/School Bytes or select to pay at school (cash or card).
- 3. Complete and hand in the signed permission note and any venue waivers (if required) to Student Services.

To ensure the selection is accepted, both payment and required notes MUST be received within 48 hours of submitting your online form – if they are not received in this time, the place will be opened, and you will need to make a new selection. Payment without selecting your sport via the form does not secure your spot. All notes and waivers are available on the GTHS website and at the Student Services office.

Sport choices are on a 'first come, first served' basis – once a sport is full it will be removed from the online form and students will need to select an available sport.

Students attending sport off site will require parental/carer permission (note attached) to attend. This is mandatory under the State Sport Policy and some sports require further venue waivers (see over for details).

Cost

Due to rising fuel prices and the shortage of bus drivers across NSW, all bus companies have substantially increased their hire fees. As a result, the price per student for any School Sport that involves the use of a chartered bus, continues to rise. We understand that this change may result in fewer students participating in offsite sports that require the use of a bus, and so, we have increased the number of free sports options that students can elect to take part in onsite or within walking distance of the school.

All sports requiring bus transport incur an upfront fee of \$75 for the 9 weeks. Some sports also incur a weekly venue fee (see over for further information). Please consider this when you are making your choices.

If a student is unable to pay their weekly venue fee, they must report to myself (Mrs Irish), in the PDHPE staffroom **prior to roll call** on sports day for placement in an alternate school sport for the week.

The following sports are currently on offer and will only run if there is enough interest. All choices must be finalised by **3:15pm, Monday 1**st July, when the online form will close.

NOTE: Any students who do not make an online selection and/or return the required permission note/s on time will be allocated to mixed house sports on school grounds.

Note: Depending on availability, students may be able to change their sport selection after Week 3, Term 3.

Regards, Mrs Bec Irish School Sport Coordinator

School Sports	Venue	Description	Bus	Weekly Cost	Spaces Available	Permission Note	Waiver
Court Sports	MPC/ Basketball Courts	Students engage in a variety of competitive and non-competitive court sports each week, including basketball, volleyball and badminton.	-	-	N/A		
Dance Cardio	School	Students engage in Just Dance activities.	-	-	N/A		
Gardening	Ag Plot	Students work together to help improve the gardens around the school & in the agriculture plot.	-	-	10		
House Sports	School	Students engage in a weekly round robin sports competition in house groups, sports include touch football, soccer, basketball etc. *Please select your own house group by referring to your roll call group, ie: B# is Booth, J# is Johnson etc.	-	-	N/A		
Indoor Recreational Activities	Classrooms	Students engage in a range of recreational sports such as handball, bocce, just dance, yoga, indoor table tennis etc.	-	-	N/A		
School Gym	MPC Gym	Students develop and engage in a weekly gym program determined by individual needs. *Students are required to bring a towel.	-	-	20		
Table Tennis	School	Students participate in a round robin table tennis competition.	-	-	N/A		
Sports in the Local Area	Venue	Description	Bus	Weekly Cost	Spaces Available	Permission Note	Waiver
All Stars Footy & Fitness	Bill Bower Oval	Students are taken through a guided Touch Football & Gym Fitness program in a safe & supportive environment.	-	-	30	~	
Bushwalking	Local bushland & area	Students utilise the local bushland and walking trails outside and around the school.	-	-	30	✓	
Mountain Biking	Local bushland and Tramway Track	Students will learn how to maintain their bike and ride around the local bushland tracks. *Students must have a helmet that meets Australian standards, a mountain bike appropriate for offroad use and a bottle cage or similar to transport water.	-	-	16	√	
Walk & Draw	Local area	Students take a clipboard & walk to various locations around Glendale to draw what they see.	-	-	30	✓	

Bus Sports	Venue	Description	Bus	Weekly Cost	Spaces Available	Permission Note	Waiver
Springloaded	Springloaded, Gateshead	Variety of activities each week including use of parkour and ninja warrior areas, trampolines, sprung floors and foam pit.	\$75	\$10	50	✓	✓
Ice Skating	Hunter Ice Skating	Supervised recreational skating for beginners & experienced students.	\$75	\$9	50	✓	
Indoor Sports	Newcastle Indoor Sports, Warners Bay	Indoor sports competition (predominantly futsal/soccer), in a round robin format.	\$75	\$8	25	✓	
Parrey Skatepark	Parrey Skatepark, Cardiff	Students are provided a fun and exciting environment for skate, scooter and rider enthusiasts, in a safe space. *Students must have their own scooter, bike or skateboard, as well as a helmet.	\$75	\$15	25	~	√
Ten Pin Bowling	Dullboys Warners Bay	Ten Pin Bowling competition in small groups.	\$75	\$10	30	✓	
Genesis Gym	Genesis Gym, Warners Bay	Weekly rotation of workouts including use of the gym floor, cycle room & group fitness room. *Students are required to bring a towel.	\$75	\$8	20	✓	√
Driving Range	Toronto Golf Club	Students play games like nearest the pin, longest drives and even tee it up on an ever increasing number of famous golf courses! *A limited number of golf clubs can be provided by the school. Payment by card only. Small and large buckets of balls can be purchased.	\$75	\$8-14	20	√	
Speers Point Park	Speers Point Park/Toronto Foreshore	Enjoy the local scenery by walking or engaging in recreational games & activities at Speers Point Park and Toronto Foreshore.	\$75	-	15	✓	
Fishing	Speers Point Park/Toronto Foreshore	Supervised recreational fishing for all abilities. *Fishing reels, lures and sinkers can be provided by the school.	\$75	-	15	✓	

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DEDMISSION NOTE FOR

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I give permission for my child to attend (sport chosen)
I have considered the venue, costs and possible risks involved in this sport and are aware that the chosen sport may require an additional waiver and may incur weekly venue costs as outlined in the attached table.
I am aware that transport to and from sporting venues is by the allocated bus, unless indicated otherwise.
I am aware that sport in Term 3 runs for 9 weeks, from Thursday 25 th July through to and including, Thursday 19 th September.
Medical information or other special requirements needed (e.g. allergies, medication). Please provide full details:
My child can be photographed at this on the understanding the images may be used through school communication. Yes/No
Do you authorise medical aid if it is considered necessary by the supervising teacher/s? Yes/No
Signed Date
(Parent/Guardian)
ONLINE PAYMENT RECEIPT NUMBER

The information provided is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs about a student who is currently enrolled at the school and who may participate in school excursions, sporting activities or other educational or school activities conducted by Glendale Technology High School. It will be used by officers of the NSW Department of Education and Training to assist planning, to support students, and to minimise risks when conducting school excursions, sporting or other school activities. The Department will not cover medical costs resulting from illness or accidents during the time of the excursion. Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the school or are otherwise involved in the planning or delivery of the excursion, sporting or other school activity; and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities. Provision of this information is not required by law. However, a failure to provide the information may mean that your child can not participate in a particular excursion or school activity. In such circumstances, the school will make available a sound alternative educational experience. Provision of this information will significantly assist the school in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the school principal to discuss further.