



Glendale Technology High School

Sport Information – Years 7-10

Term 4, 2022

Dear Parents/Carers/Guardians,

The new rotation of sport for Term 4 will commence on Thursday 13th October (Week 1). Thanks to positive feedback we are continuing with the online process introduced in Term 3 – making it easier and fairer for busy families.

At 3.15pm, Monday 12th September, families and students will receive an email providing a link to make sport selections. Through this link, you will need to:

1. Select the preferred sport and payment method.
2. Make the payment (if required) via the school website and include the receipt number on the online form or at school (cash or card).
3. Complete and hand in the signed permission note and any venue waivers (if required).

To ensure the selection is accepted, both payment and required notes/waivers **MUST** be received within 48hrs of submitting your online form – if they are not received in this time, the place will be opened, and you will need to make a new selection.

Sport choices are on a ‘first come, first served’ basis – once a sport is full it will be removed from the online form and students will need to select an available sport.

There are options both on and off school grounds. Students attending sport offsite will require parental/carer permission (note attached) to attend. This is mandatory under the State Sport Policy and some sports require further venue waivers (see over for details).

All notes and waivers will be available on the GTHS website and at the Student Services office. These must be handed to Student Services within 48hrs of form submission.

Costs

All sports requiring bus transport incur an upfront fee of **\$40** for the term. Some sports also incur a weekly venue fee (see over for further information). Please consider this when you are making your choices.

If a student is unable to pay their weekly venue fee, they must report to myself (Mrs Irish), in the PDHPE staffroom **prior** to roll call on sports day for placement in an alternate school sport for the week.

NOTE: Any students who do not make an online selection and/or return the required permission note/s on time will be allocated to a sport on school grounds.

Note: Depending on availability, students may be able to change their sport selection after Week 2, Term 4.

Regards,

Mrs Bec Irish

School Sport Coordinator

School Sport	Venue	Description	Bus	Weekly Cost	Spaces Available	Permission Note	Waiver
Dance Cardio	School - Classroom	Students engage in Just Dance activities.	N/A	N/A	N/A		
Table Tennis	School - Classroom	Students participate in an indoor table tennis competition.	N/A	N/A	N/A		
Pilates	School - Classroom	Students will participate in structured Pilates lessons.	N/A	N/A	N/A		
Recreational Sports	Classrooms/Handball squares	Students engage in a range of recreational sports such as handball, bocce, cornholes.	N/A	N/A	N/A		
Boys Mixed Sport	Bottom Oval/High Shelter	Variety of competitive and non-competitive sports each week. All year groups. Boys only.	N/A	N/A	N/A		
Girls Mixed Sport	Lower Grounds/MPC	Variety of competitive and non-competitive sports each week. All year groups. Girls only.	N/A	N/A	N/A		
Court Sports	Basketball Courts	Variety of competitive and non-competitive court sports each week such as basketball and volleyball.	N/A	N/A	N/A		
Mountain Biking	Local bushland	Students will learn how to maintain their bike and ride around the local bushland tracks. <i>*Students must have a helmet that meets Australian standards, a mountain bike appropriate for offroad use and a bottle cage or similar to transport water.</i>	N/A	N/A	N/A	✓	
Bushwalking	Local bushland and Tramway Track	Students utilise the local bushland and walking trails outside of school.	N/A	N/A	N/A	✓	
Activities on the Beach	Redhead Beach	Students engage in beach sports and activities or enjoy walking along the beach/Ken and Audrey Owens Walkway.	\$40	Nil	40	✓	
Crossfit	Verve Warners Bay	Structured CrossFit sessions coached by a professional. Additional waiver required.	\$40	\$70 payment upfront	20	✓	✓
Gym	Genesis Gym Warners Bay	Weekly rotation of workouts including use of the gym floor, cycle room & group fitness room. Additional waiver required.	\$40	\$8	20	✓	✓

School Sport	Venue	Description	Bus	Weekly Cost	Spaces Available	Permission Note	Waiver
Ice Skating	Hunter Ice Skating	Supervised recreational skating for beginners and experienced students	\$40	\$8	50	✓	
Indoors Sports	Newcastle Indoor Sports Centre, Warners Bay	Indoor sports competition (soccer) in a round robin format.	\$40	\$8	30	✓	
Lawn Bowls	Boolaroo Sports Club	Lawns Bowls competition in small groups.	\$40	\$3	20	✓	
Pulse Rock Climbing	Pulse Climbing Warners Bay	Supervised recreational climbing for all abilities. Additional waiver is required.	\$40	\$10	30	✓	✓
Speers Point Park	Speers Point Park, Warners Bay and Eleebana area	Enjoy the local scenery by walking or engaging in recreational games and activities at Speers Point Park.	\$40	nil	30	✓	
Springloaded	Gateshead	Variety of activities each week including use of parkour and ninja warrior areas, trampolines, sprung floors and foam pit. Additional waiver required.	\$40	\$10	50	✓	✓
Surfing/Body Boarding	Redhead Beach	Surfing at Redhead Beach *Students must have their own boards and wetsuit/rash shirt. They'll need to bring a towel.	\$40	Nil	20	✓	
Ten Pin Bowling	Dullboys Warners Bay	Ten Pin Bowling competition in small groups.	\$40	\$8	50	✓	



GTHS SPORT PERMISSION NOTE

Term 4, 2022

PERMISSION NOTE FOR _____ OF YEAR _____

I give permission for my son/daughter to attend (sport chosen) _____

I have considered the venue, costs and possible risks involved in this sport and are aware that the chosen sport may incur weekly venue costs as outlined in the attached table.

I am aware that they will travel to and from sport by the allocated bus.

Medical information or other special requirements needed (e.g. allergies, medication).

Please provide full details:

Signed _____ Date _____

(Parent/Guardian)

ONLINE PAYMENT RECEIPT NUMBER _____

The information provided is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs about a student who is currently enrolled at the school and who may participate in school excursions, sporting activities or other educational or school activities conducted by Glendale Technology High School. It will be used by officers of the NSW Department of Education and Training to assist planning, to support students, and to minimise risks when conducting school excursions, sporting or other school activities. The Department will not cover medical costs resulting from illness or accidents during the time of the excursion. Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the school or are otherwise involved in the planning or delivery of the excursion, sporting or other school activity; and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities. Provision of this information is not required by law. However, a failure to provide the information may mean that your child can not participate in a particular excursion or school activity. In such circumstances, the school will make available a sound alternative educational experience. Provision of this information will significantly assist the school in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the school principal to discuss further.